

Psychology



MEET HELIA

Helia is a Paterno Fellow majoring in Psychology with a concentration in neuroscience, as well as a minor in Entrepreneurship and Innovation.

Helia completed an internship as an organizing fellow for the Democratic Coordinated Presidential Campaign. She serves as a research assistant in two labs: the Feelings, Behavior, and Information Processing Lab and the Developmental Personality Neuroscience Lab.

She serves as the leader of the Presidential Leadership Academy, a student senator for the University Park Undergraduate Association (UPUA), and the UPUA Representative on the Liberal Arts Undergraduate Council. Helia is also a participant in the American Psychological Association's annual convention.

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Psychology

Unique Learning Opportunities

- Earn credit assisting in a research lab
- Take a required course on careers and ethics in the psychology profession
- Take a required special topics capstone course

Enrichment Experiences

- Pursue internships in a range of areas depending on your interests, including mental health services, law enforcement, healthcare, market research and more
- Assist faculty with ongoing research
- Apply to join Psi Chi, the international honor society in psychology

Study Abroad

- Penn State offers more than 400 study abroad programs to allow students to tailor their experience to their interests. A complete list can be found at global.psu.edu/students.

Multiple Pathways

- Bachelor of science options: Neuroscience, Life Sciences, Business, Quantitative Skills
- Bachelor of arts

Possible Career Paths

- Clinical, School, or Counseling Psychology
- Health Professions: Physicians, Physicians Assistants, Nurses, Health Policy Administrators
- Human Resources, Consulting, or Administration
- Social Work or Human Services
- Teaching and/or Research in Psychology

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